John B. Lacson Foundation Maritime University (Arevalo), Inc. Sto. Niño Sur, Arevalo, Iloilo City

Research Utilization

SY: 2020-2021

Title of the			Person		Results/Impact/
Study & Authors	Findings	Recommendations	Responsible	Action to Take	Evidence
1. Online Submission as Means to Improve Senior High School Students' Output Compliance in Empowerment Technologies Mrs. Cristine T. Ruiz-Tapales and Ms. Christine May A. Sabido	Results revealed that Without the use of Google Classroom for 4 weeks, 16 students were recorded late in submitting their outputs. However, after 12 weeks of using Google Classroom, the number of students who were late in submitting their outputs was reduced to two. Result showed that there was a significant difference in the number of respondents with late in output submission between without and with Google classroom. This implies that the use of Google Classroom as students' mean in passing their outputs is an effective way to minimize their late compliance.	Based on the findings and conclusions, this study, recommends the following: 1. Equal number of weeks (both without and with the use of Google Classroom) in observing students' output submission may be considered. 2. Other subject teachers may use Google Classroom during students' output submission to minimize the use of papers and for the students to save money from printing; 3. Google Classroom may also be used by the teachers to share their lessons to students to minimize the transfer of computer viruses from one flash drive to another; 4. Teachers must effectively use technology in their subjects in order for the students to utilize it appropriately.	BSMT SHS	BSMT: Introduce to the students the use of different media Platform, applications or mode as applicable SHS: Encourage teachers to use other platforms as an alternative mode of their students' output submission.	Easy access (when one has a google account, he/she can access other google applications, especially the google classroom). Students are eager to submit since they are well-aware of the google classroom. Paperless submission Teachers can track and check their students' work anytime, anywhere without piles of papers on hand.

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2. Readiness Assessment of Senior High School Teachers towards the Implementation of Online Learning Ms. Crizza Mae S. Atun	The results revealed that the SHS teachers of JBLFMU-Arevalo are ready to implement online learning.	Based on the findings and the conclusions arrived at this study, the following recommendations are proposed: 1. Trainings should be provided to the teachers to further enhance their skills in implementing the online learning with emphasis on course design. 2. Further studies should be conducted regarding other factors that could positively affect the implementation of online learning. 3. Students should evaluate the teachers' implementation of online learning at the end of the semester to validate teachers' readiness in teaching online courses.	SHS	1. Look on other factors that might affect online learning implementation. 2. Attend trainings that will enhance the implementation of online learning.	Ready to implement online learning

3. Students' The results showed Readiness in that students' level have learned and Learning of readiness is improved their readiness in conducted	gs Recommendations Person	Action to Take Results/Impact
Readiness in Learningthat students' level of readiness ishave learned and improved theirstudents' readiness inadvisers conducted	Responsi	Evidence
Platformthat students aresuch as using theplatforms inhow to use	howed so level is improved their technical aspect such as using the basics of the computer software and hardware, managing softwares and communicating online using e-mails, online applications, and others before gone proceeding to online schooling. 2. Students may be given extra tutorial time by their teachers to improve their skills on technical aspect. Grade that the improve their stributed sment should be replicated with students in different strands to check if the strand also affect their level of readiness for	Improve students' advisers readiness in using online platforms in technical aspect in preparation for the online

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Title of the Study & Authors 4. Alumni Tracer, Employability, and Their Level of Satisfaction: Basis for Development of a Dynamic Alumni Involvement Ms. Jean Rose E. Genova and Mr. Ivan Julius Cezar P. Aberde	Results showed that the highest percentage of alumni respondents were 30 to 40 years old which is 47% and the lowest percentage were 52 years old and above who have indicated their highest degree earned while most of the alumni respondents were Bachelors' degree holders. The alumni respondents were clustered according to the following range of years they graduated: 1987 to 1994, 1995 to 2000, 2001 to 2006, and 2007 to 2012 year graduated and the highest percentage of the alumni respondents graduated 2013 to 2019. Moreover, the results showed that the most number of alumni respondents who specified their type of vessel, 37 or 41% of the specified their type of the specified their type of the specified their type of vessel, 37 or 41% of the specified their type of the specified their	Recommendations Based on the conclusions drawn, the researchers recommend there should be follow-up or similar study to be conducted annually to strictly monitor the employment status of graduates. Furthermore, since the current situation of the country is affected by the global pandemic, it is suggested that the future researchers should maximize the use of electronic technologies, internet and various social media platforms to have a wider trace of the alumni. In addition, the institution should strengthen its extracurricular experience since it is one of the positive contributions of the school to its graduates. It is also recommended that the Alumni Office	Person Responsible Alumni Coordinator	Action to Take 1. Add more alumni members to the Fb group to establish consistent communication and monitoring; update existing GCs on messenger as additional platform for group specific concerns. 2. Add more alumni activities that will encourage alumni participation - Programs (soon to be launched): Mental Health Wellness; Financial Wellness 3. Endeavour more tie-ups with various establishments	Results/Impact/Evidence Fb Group: IMA/JBLCF/JBLF MU-Arevalo Alumni GCs: JA Company- Sponsored Scholars & Placement Passers Dedicated GCs per company on messenger 1. Alumni Vlogs launched last Feb 2021 through the JBLFMU webpage in celebration of the Foundation Anniversary 2. Alumni Kamustahan last Feb 24, 2021 Alumni discount for training courses at JBLF Training Center
	graduated 2013 to 2019. Moreover, the results showed that the most number of alumni respondents who specified their	since it is one of the positive contributions of the school to its graduates. It is also recommended that		Financial Wellness 3. Endeavour more tie-ups with various	Feb 24, 2021 Alumni discount for training courses at JBLF
	328 or 94% are employed related to course, 7 or 2% are employed not related to course and 12 or 4% of the total respondents are not employed. In general, the alumni respondents are highly satisfied with the contribution of JBLFMU-Arevalo to their employability as reflected by the grand mean score of	improve alumni services to further strengthen the link between the institution and its graduates.		4. Continue reaching out to graduates through Facebook and other means to disseminate employment opportunities	Hotel, etc. 1. Posted hiring opportunities for graduates - Anglo Eastern (Iloilo) -Maine Marine (Manila) -Southfield Agencies, Inc.

	8.11. Respondents'		
	suggestions and		
	inputs to improve		
	quality of graduates		
	were clustered		
	according to the		
	following themes:		
	strengthen values		
	formation, focus on		
	improving quality		
	training to enhance		
	life skills and hire		
	competent		
	instructors and		
	deliver quality		
	instruction.		
	Furthermore, their		
	suggestions and		
	input to improve		
	alumni services are		
	clustered to the		
	following themes:		
	establish consistent		
	communication with		
	alumni for		
	monitoring, address		
	and accommodate		
	alumni needs,		
	establish alumni		
	development		
	programs, provide		
	privileges for		
	alumni, and extend		
	help/services for		
	employment.		
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5. Factors that Influence the Influence the Senior High School Students' Decision to Pursue Maritime Career and their The results revealed that financial status and conclusions of this study, the following recommendations are given: Based on the findings and conclusions of this study, the following recommendations are given: SAS SAS: Oriental program to	Study & Authors	Findings	Recommendations	Person Responsible	Action to Take	Results/Impact/ Evidence
Preparedness towards Maritime Education and Training Ms. Deverly F. Sinorio and 2/M Roger N. Gicana Ms. Deverly F. Sinorio and 2/M Roger M. Sinorio and tweltops of their vital role in guiding and supporting their child's choice of future career or profession. Students must be well-guided and be encouraged to attain good grades that will and inform the parents/guardi ans with the school fees. Students and service development of students. P. Students must be well-guided and be encouraged to get involved in a wholesome social activity during their college days to help them maintain balance and to expand their social circle. More students and t	Influence the Senior High School Students' Decision to Pursue Maritime Career and their Level of Preparedness towards Maritime Education and Training Ms. Deverly F. Sinorio and 2/M	The results revealed that financial status of family and by having parents who are degree holders are the most influencing factors of all SHS students when they made the decision to pursue maritime career when taken as an entire group and when classified according to monthly income. It also revealed that the level of preparedness of SHS students of JBLFMU Arevalo towards maritime training and education is "High". Thus, regardless of the student's family monthly income, the students are ready and prepared to take the maritime education	and conclusions of this study, the following recommendations are given: 1. The results of the study should be circulated among the SHS parents especially during PTA meetings to remind them of their vital role in guiding and supporting their child's choice of future career or profession. 2. Students must be well-guided and be encouraged to attain good grades that will qualify them for a scholarship. 3. Students are encouraged to get involved in a wholesome social activity during their college days to help them maintain balance and to expand their social	SAS	Scholarship was emphasized during orientation program to guide students on availing for scholarship Students' activities are always geared towards the holistic development of students. SHS: 1. Involve and inform the parents/guardi ans with the school fees. 2. Introduce to the students the offered scholarships of the school. 3. Make sure that both students and their guardians are updated with the	Orientation program Holistic development of students Emailing student's statement of account More students will enrol FB page: JBLFMU-Arevalo SHS

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Study & Authors	Findings	Recommendations	Responsible	Action to Take	Evidence
6. Graduate	The results revealed	While there are no	SAS	SAS: The SAS	Seminars on
Attributes of	that the students'	significant	GS	Dept. hold	enhancing
Lacsonian	graduate attributes	differences in the		seminars on	students' soft
Students and Its	are "high" which	results of the		enhancing the	skills
Proposed Actions	means that students	graduate attributes		soft skills of	
for Improvement	often practice the	of Lacsonian		students:	
A4 - 1-1 1 1 A4	attributes but not	students when		4.0.15	
Mr. John Lord M.	always in many	classified according		1.Online	
Agustino and 2/M Arle G.	situations. There	to year and grade levels such should		Leadership 2. Values	
Gargalicano	were no significant differences in the	still be enhanced or		Clarification	
dargaticano	graduate attributes	sustained to ensure		Webinar	
	of Lacsonian	high quality		3. Pre-	
	students when	graduates, hence,		employment	
	classified according	the proposed actions		Webinar	
	to year and grade.	are suggested. These		4. Holding of	
	The results were	proposed actions		Virtual Masses	
	used as basis to	may be included in		for Spiritual	
	proposed actions to	the course syllabus		Development	
	improve the	of the faculty and in		5. Online	
	Lacsonian students'	the departmental		Mission	
	graduate attributes	plans of the Students		Objective	
	and hopefully to	Affairs Services.		Week last	
	improve the	Thus, it is highly		November 19-	
	employability of	recommended that		30, 2020 with	
	students.	the proposed actions		the theme:	
	Therefore, proposed	are implemented.		"Converging	
	actions were	After they are		Lacsonian	
	developed addressed to the	implemented, it is recommended to		colors: an	
	Senior High School,	conduct another		expression of Resiliency,	
	BSMT Department,	survey research to		Creativity and	
	and Student Affairs	see if the proposed		Talents".	
	Services (SAS)	actions are		rateries .	
	Office and it is	effective.		GS: The	Orientation
	highly	Further		Graduate	Program of the
	recommended that	researches may be		attributes are	Graduate School
	these proposed	conducted based on		being discussed	
	actions should be	this study. For		during the	
	implemented.	example, a		Orientation	
		qualitative study		Program of the	
		through observations		Graduate	
		and interviews may		School. It is	
		be used to propose		also being	
		another strategy.		incorporated in	
		After that, an		the courses related to	
		experimental study could also be done to			
		could also be done to		management.	
		proposed actions			
		stated in this study is			
		effective and			
		possibly, another			
		strategy can be			
		conducted.			

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7. Students' Feedbacks on the Use of E- learning Materials and Its	Results showed that most of the students' feedbacks are positive towards the use of e-	Based on the foregoing results, the following are the recommendations of this study:	QA		
Corresponding Proposed Actions to Improve the Institutional Development Innovation Grant (IDIG) E-learning Project	learning materials, though there are also few negative feedbacks that were noted.	1. Use of e-learning in all courses of the BSMT Department should implemented and maintained.		1. Maintain and improve the development and usage of the OLMS	1.Has continued the LMS using the University's initiatives JeL platform for online learnings.
Dr. Brian Gil S. Sarinas		2. Senior High School Department should look into this consideration since the use of e-learning materials can augment learning in the absence of teachers.		2. Maintain and improve the development and usage of the OLMS	2.The SHS department has participated in the University's initiatives JeL platform for online learnings.
		3. Necessary revision must be made in the content, design, and template of elearning materials (module) from time to time based on the comments of the students as they are the primary end users of e-learning.		3. Maintain and improve the development and usage of the OLMS	3. Using JeL platform, the University has to make series of revisions to its syllabi and DTS in-order to be updated and be flexible to the changing particularly in the usage of online learning.

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Study & Authors 8. The Mental Health of Filipino Seafarers: Recognizing the Contributory Factors and the Strategies Applied Onboard Ships Dr. Brian Gil S. Sarinas, Jan Derick D. Botante, Juliet S. Nacion, Ma. Louella B. Bernas, and Oriana Rodriguez	Results showed that the top three big factors are stress, fatigue, and separation from families and friends.	Seafarers must focus mainly on their wellbeing. Numerous factors can affect one's mental health. With the workload onboard ship, the physical aspect is also affected. Thus, seafarers must help themselves to balance their life and work. One must have faith in God and must have positive outlook in life in order to survive onboard ship and not only physically fit but mentally healthy.	SAS	Programs were implemented to help in enhancing Mental Health of Students. 1. Musical and cultural Activities 2. Arts contest 3. Dancing Contests 4. Core Values Consciousness videos posted on SAS FB page. 5. 1st Kaabyan Program a Mental Health Program created by a Guidance Counselor as a venue to share thoughts and awareness among students, parents, faculty and Alumni dispelling depression during the Pandemic. This is part of the counselling service of the school.	Evidence Mental health programs

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Study & Authors	Findings	Recommendations	Responsible	Action to Take	Evidence
9. Development	It was also found	1. The supplemental	SHS	1. Use the	To be used for
of Vocabulary Quizzes in the	that students have a	learning material		supplemental	2nd semester of SY: 2021-2022
21st Century	"High" satisfaction towards the	may be subjected to the scrutiny of		learning material as one	31. 2021-2022
Literature	supplemental	experts in the		of their	
to Enhance	material when	production of		learning	
Students'	taken as a whole	instructional		materials for	
Reading	and in terms of	materials. It may be		the subject.	
Comprehension	physical aspects,	edited, if the expert		che subject.	
Skills	learning activities,	suggests to do so.		2. Use or	
	and usefulness. On	2. The university		integrate the	
Mr. Norman F.	the other hand,	may use this		vocabulary	
Daliva	experts were of the	supplemental		quizzes as part	
	opinion that the	learning material in		of their	
	supplemental	improving students'		learning	
	learning material	reading		activities for	
	has a "Very High"	comprehension. The		their subject.	
	acceptability when taken as a whole	accomplishment of the vocabulary		3. Record the	
	and in terms of	quizzes in the		scores of the	
	physical aspects,	supplemental		students for	
	objectives, and	learning material can		each	
	usefulness. Thus,	be given to SHS as a		vocabulary	
	the supplemental	separate		quiz.	
	learning material in	performance task for		•	
	21st Century	the quarter. The first			
	Literature from the	12 vocabulary			
	Philippines and the	quizzes can be done			
	World is	on the 3 rd quarter			
	appropriate,	while the next 12			
	relevant, and useful	vocabulary quizzes can be done on the			
	in general and in terms physical	4 th quarter.			
	aspects, learning	3. Other future			
	activities, and	researchers may			
	usefulness. It has	conduct an			
	also met the	experimental study			
	expectations and	to determine if the			
	standards of chosen	use of this			
	experts as reflected	supplemental			
	on their evaluation	learning material			
	rating.	may improve			
		students' reading			
		comprehension.			
		4. Another developmental			
		research may be			
		conducted to			
		develop similar			
		supplemental			
		learning materials			
		for other maritime			
		and general			
		education courses.			

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Title of the	Findings	Recommendations	Person Responsible	Action to Take	Results/Impact/
Study & Authors 10. Livelihood Programs in Barangays Surrounding the Igang Bay Marine Sanctuary, Guimaras, Philippines Mr. Bryden Bone and Mr. Jose Maria S. Superio	This study revealed that 100% of the respondents' main source of income is connected with/or into fishing, either as fishermen, fish vendors, or they own business whose income or sales are connected with fishing, directly or indirectly. Most of the respondents who are fishermen received various forms interventions and livelihood options from the government through the local government initiatives in the forms of boats, nets, and fishing equipment. The study revealed that livelihood options made strong impact to those who were recipients.	Based from the conclusions of the study, the following are hereby recommended: 1. Policy-making bodies are encouraged to protection and restoration of the Igang Bay because this will ensure a healthy and vibrant economy especially to the people living near its area. 2. Government/Nongovernment Agencies are expected to provide Sustainable Livelihood Programs (SLP) to ensure sufficient and adequate income for the fisherfolks living near the areas of the Igang Bay. 3. Fisherfolks near the surrounding areas of the Igang Bay. 3. Fisherfolks near the surrounding areas of the Igang Bay may be made to understand that livelihood options are essential to making sources of income which requires time to fully participate, cooperate, and commit to the livelihood options that will be offered to them. 4. Researchers and Future Researchers can make use of this study as baseline data for further studies. They can do this by developing a program for a more engaging livelihood	CES	1. Give the results of the study to the Nueva Valencia LGU for their appropriate action. 2. Recommend to the said LGU through a written communication the livelihood projects identified by the respondents considered by them familiar and manageable.	Additional projects will be implemented by the LGU of Nueva Valencia including those identified by the respondents. Further study will be conducted to determine continued protection of the IBMS which is a shared responsibility between JBLFMU and the Nueva Valencia LGU.

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	programs for the fisherfolks not only in the surrounding		
	fisherfolks not only		
	in the surrounding		
	areas of the Igang		
	areas of the Igang Bay but also in areas where there is an		
	where there is an		
	implementation and		
	implementation and		
	management of		
	marine sanctuaries.		
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Title of the Study & Authors	Findings	Recommendations	Person Responsible	Action to Take	Results/Impact/ Evidence
11. Tutorial Videos: Bridging the Gap in Online Learning Ms. Clarence Kay S. Gabasa Best Practice for SY: 2020-2021 presented during the Research Colloquium and Sharing of Best Practices last Foundation Week (Feb. 24, 2021)	Through the analysis of students' responses, it was found that they may be able to understand the lessons better because there are no lags in the video unlike in Zoom meetings. It was also found that tutorial videos became beneficial because students can watch the videos repeatedly or rewind if they forget or get confused when studying the lessons. Students also responded that they can understand the lesson better especially those which involve computation. They also feel that it provides them more convenience and ease	Based on the findings, the following are recommended: 1. Teachers may continue to create relevant content for the students. 2. Students may be encouraged to comment on the tutorial videos if they have suggestions and/or questions	SHS BSMT	Conduct trainings or seminars for teachers on learning about others applications and making of tutorial videos to further improve the quality of materials given to students.	The existing tutorial videos were still used to supplement virtual classes conducted via Zoom or Google Meet. Some teachers produced additional tutorial videos for their classes.
		students.			

Prepared by: